



Camp Eva Guidelines

Eva's Hand Project Mission Statement:

Our family desires to honor our daughter and sister, Eva Julianna, through helping those who are hurting, grieving and in need within our community.

"Blessed are those who mourn, for they will be comforted." Matthew 5:4

Purpose of Camp Eva:

Camp Eva is designed to assist grieving children within our community. We will provide a safe place for children to express their grief in a healthy manner. We strive to provide an environment where children can openly mourn with other children and receive support and comfort.

Camp Goals:

- To provide education and increased knowledge to the children about the grieving process
- To provide comfort as children openly mourn their losses
- To normalize the children's grief and the feelings that will occur throughout their lives
- To introduce coping skills that children can use after camp
- To provide opportunities for the children to express their feelings (mourn) and share about their loved ones who have died.
- To increase children's support system by reducing feelings of aloneness and isolation in their grief.

Camp Implementation:

Camp Eva will be implemented and carried out with the use of volunteers. All volunteers will complete and pass a criminal background check for the state of Indiana. Volunteers will receive training regarding childhood grief and the grieving process. Volunteers will be matched with activities in the camp that fit with their strengths and interests. It is expected that all volunteers will model appropriate

behavior and attentiveness to the children. Volunteers are valued and will be supported for any needs that arise for them. All activities will be delivered in a manner that will minimize the risk of injury or harm to the children and volunteers.

Camp Eva is designed to support children in their grieving process through a combination of education, sharing, expressive activities, and recreation. Camp Eva does not provide counseling, psychological, psychiatric, or other health care services to the children at the camp. Parents can receive information about resources for children beyond Camp Eva from Our Hospice of South Central Indiana.

Camp Practices and Policies:

Please read the following Camp Eva Practices and Policies agreement carefully and thoughtfully. Please sign the agreement statement that is included with the confidentiality agreement.

Respect: Each individual at Camp Eva has the responsibility to respect others at the camp. This includes the health and well-being of the volunteers and children at Camp Eva and the building provided.

Professionalism: Personal information about the children participating in Camp Eva and received during training or during camp must be held in the strictest of confidence. Volunteers must act professionally toward all children and volunteers. Volunteers must not take children off grounds of Camp Eva at any time.

Smoking: Smoking is not permitted during Camp Eva.

Alcohol, drugs, or weapons: The possession or use of alcoholic beverages and the possession of illegal drugs are strictly forbidden and will be grounds for dismissal from Camp Eva and the authorities will be notified. Any volunteer believed to be under the influence of drugs or alcohol while at Camp Eva will be promptly dismissed. The possession of any weapon is strictly forbidden during Camp Eva. If on the property during Camp Eva, the weapon will be confiscated, the volunteer dismissed, and the authorities notified.

Limits: Setting limits is an important part of a volunteer's responsibility. Use appropriate language, encouragement, positive reinforcement, and proximity to guide behaviors. Cursing, ridiculing, embarrassing, corporal punishment, and intimidation will not be tolerated. Such behaviors will be grounds for dismissing a volunteer and if appropriate, authorities will be notified.

Personal behavior: Everyone is expected to behave in a morally upstanding way. Please wear comfortable and modest clothing. Volunteers should model personal space, appropriate affection, and emotional boundaries.

Confidentiality and Data Protection: Camp Eva will develop and clearly communicate policies to all participants regarding confidentiality, social media, photography, and media involvement. All information pertaining to campers, volunteers, and staff will remain confidential within all formats and contexts, including stories shared verbally. Camp Eva will thoughtfully determine what information will be shared with volunteers. Policies and procedures will be established and implemented regarding the respectful use of camper images, stories, etc., for marketing and other purposes. Releases will be obtained from campers, parent/guardians of minors, volunteers, and staff prior to the sharing of any confidential information, including data, photographs, videos, and camper stories. Volunteers and staff will be trained to honor the integrity of confidentiality as it applies to their roles and responsibilities. All federal and state laws will be adhered to regarding the protection of confidential information and retention, as will any professional confidentiality requirements including mandatory reporting laws.

Child's Role at Camp Eva:

- Share as much as you feel comfortable doing
- Participate in group activities as much as you can
- Be respectful of the other children and volunteers
- Be respectful of the building and the space we are using
- Use personal space and boundaries
- Use appropriate language
- Listen when others are sharing
- Have fun
- Stay safe

Volunteer's Role at Camp Eva:

- Provide age appropriate supervision
- Provide support
- Provide encouragement
- Be a good listener
- Facilitate conversation with and between children
- Assist with activities, crafts, snacks, etc.
- Provide positive reinforcement
- Be a mentor and a role model
- Smile
- Have fun
- Stay safe



Camp Eva Schedule (tentative)

11:-11:30	Volunteer orientation to Youth Camp (prior training on separate date)
11:15	Children begin to arrive
11:30	All camp introduction & lunch
11:45	Parent workshop begins
12:30—1:15	Rotation 1 (music therapy, dance)
1:15—2:00	Rotation 2 (canoeing/beach)
2:10—3:00	Rotation 3 (archery, etc.)
3:10—3:30	Snack and bathroom break
3:30—4:30	Rotation 4 (pet therapy/arts & crafts)
4:30—5:05	Rotation 5 (theatre & My Story Book)
5:05—5:15	Bathroom break
5:15	Parents arrive and prepare for balloon release
5:25	Balloon release and dismissal