

SNAP recipients received over \$2,100 in free produce at the Farmer's Market through the Double Bucks program.

The Nurse-Family Partnership program started making home visits with nearly 30 first-time mothers. 100% received prenatal care and of those who have delivered their babies, 100% were born at a healthy birth weight and are breastfeeding.

Over 1,000 children ran in the Mill Race Marathon Kids Fun Run.

Breastfeeding Coalition saw participation in the weekly Nurse 'n Chat program continue to increase.

The Community Medication Assistance Program helped 654 people receive \$1,825,600 in medications.

The Mental Health Team increased the number of doctor's offices that routinely screen for depression and suicide risk. Suicide decreased by 35% in 2018.

Bike Month and Walktober generated over 30 activities to get the community out and moving.

We provided ASAP drug abuse prevention information to over 1,500 people.

We provided drug abuse prevention information to area groups and distributed drug lock boxes to keep prescriptions out of the wrong hands.

Local schools adopted evidence-based drug prevention curriculum.

We supported the Bike Co-op, the Columbus Bike Share program and Go Healthy, Columbus to encourage biking and walking.

Our promotoras provided health education on nutrition, diabetes, mental health and heart health.

Fourth graders picked up over 8 pounds of cigarette butts in downtown Columbus for the Great American Smoke Out.

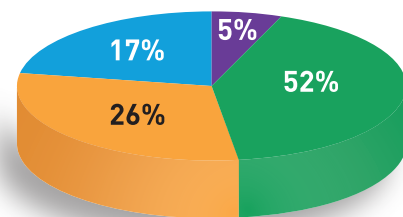


2018 HEALTHY COMMUNITIES Scorecard

INDICATOR	MOST RECENT ACTUAL	INDIANA	US	SCORE
Access to Health Care for All				
Unable to see physician in past year due to cost or lack of insurance	8.8%			3
Language or cultural barriers prevented health care in past year	1.8%			2
Unable to fill a prescription in past year due to cost	9.8%		15.8%	2
Have a regular physician or clinic for medical care	82.5%	75.9%	82.2%	3
Aware of the VIMCare Clinic <200%FPL	31.2%			1
Promote Healthy Lifestyles				
Adult smoking rates	15.3%	21.1%	11.0%	2
Teen smoking rates	10.7%	12.8%	17.2%	3
E-cigarette rate	2.9%			3
Adult body mass index	28.2%	32.8%	32.2%	2
Adult body mass index	38.1%	32.5%	32.8%	2
Meets physical activity requirements	20.5%	15.6%	22.8%	3
Overdose deaths per 100,000	20	29.4	21.7	2
Overdose calls to 911	195			2
Suicide rate per 100,000	13.8	15.7	13.9	3
Maternal/Infant Health				
Infant Mortality (# deaths birth-12 mos)	9.4	7.5 per 1,000 live births	5.5 per 1,000 live births	1
Shaken Baby Syndrome Incidence	0			3
Breatfeeding Initiation	83.0%			3
Average score				2.3

Data from 2019 Community Health Needs Assessment; 2018 Indiana Youth Survey

■ Target Reached
 ■ Approaching Target
 ■ Attention Needed



2019 Budget \$540,000 SOURCES OF Support

Columbus Regional Health 52%
 Columbus Regional Health Foundation . . . 26%
 State 17%
 Local 5%

2019 COMMUNITY HEALTH Prioivities

1. Substance Abuse
2. Access to Primary Care
3. Infant Mortality
4. Disease Prevention



2018 Healthy Communities Staff

- Amparo Caudell – Proyecto Salud Promotora
- Petra Shepard – Proyecto Salud Promotora
- Lety Vazquez – Proyecto Salud Promotora
- Kylee Jones – Tobacco
- Judy Jackson – Cessation consultant
- Julie Knight – Nutrition
- Beth Morris – Director and ASAP Prevention Lead
- Patty Pigman – Infant Mortality Prevention
- Amanda Virostko – Breastfeeding and Infant Mortality Prevention
- Cheryl Wright – Active Transportation consultant

2018 Healthy Communities Council

- | | |
|---------------------------------|----------------------|
| Steve Heimann, Co-Chair | Laura Leonard |
| Jennifer Hartwell, MD, Co-Chair | Carl Lienhoop |
| Julie Abedian | Jim Lienhoop |
| Shirley Arney | Beth Morris |
| Kelly Benjamin | Dan Mustard |
| James Bickel | Matt Myers |
| Maggie Buffo | Brian Niedbalski, MD |
| Stephen Champion, MD | Larry Perkinson |
| Holly Cheek | David Rau, MD |
| Steven Combs | Jim Roberts |
| Mary Ferdon | Jon Rohde |
| John Foster | Marc Rothbart |
| Jacqueline Franz | Larry Rowe |
| Sherman Franz, MD | John Sadtler |
| Cindy Frey | Susie Sawin, DDS |
| Richard Gold | Tom Sonderman, MD |
| Liz Hagan | Tracy Souza |
| Amy Hale, MD | Rich Stenner |
| Mark Jones | Mark Stewart |
| | Ben Wagner |

2018 Mental Health Action Team

- | | |
|-----------------------------|--------------------------|
| Melissa Newland, Co-Chair | Richard Lamborn |
| Larry Perkinson, Co-Chair | Julie Miller |
| Sherman Franz, MD, Co-Chair | Alicia Monroe |
| Ray Morris, Co-Chair | Elizabeth Patton |
| Roger Brinkman | Lisa Pein |
| Darrin Carr | David, Rau, MD |
| Meloney Dunning | Brian Russ |
| Laurie Gerdt | Tina Snider |
| Jenny Harrison | Nicki Vreeland, Staff |
| Annette Kleinhenz | Charles Wells |
| | Jennifer Wright-Berryman |

2018 Tobacco Awareness Action Team

- | | |
|--------------------|------------------|
| Sarah Abel | Deep Sharma, MD |
| Rachel Fohne | Liz Stauth |
| Cassie Hawkins | Beth Steinkoenig |
| Kylee Jones, Staff | Colleen Sullivan |
| Liz Patton | Tom Talbert |
| Larry Perkinson | Leah Wellman |
| Debra Richard | |

2018 Community Medication Assistance Action Team

- | | |
|-----------------------------|------------------------|
| Kris Abney, VIMCare Manager | Liz Lipson |
| Nicole Bradshaw | Sean McAlister |
| Dani Huff, Staff | John McDonald |
| Ben Jackson | Cheri Wildridge, Staff |
| | Ursula Williams |

Healthy Communities

COLUMBUS REGIONAL HEALTH

2018 Healthy Lifestyles Action Team

- | | |
|-------------------------|----------------------|
| Helen Kinsey, MD, Chair | Kelly Lowry |
| Harriet Armstrong | Jen Morrill |
| Chris Beach | Laura Moses |
| Leah Boas | Brian Niedbalski, MD |
| Maureen Burkardt | Cindy Olson |
| Heather Carson | Barbara Parker |
| Amparo Caudell | Larry Perkinson |
| Ed Eckerly | Emilie Pinkston |
| Stacy Findley | Amber Porter |
| Laura Garrett, Staff | Rich Stenner |
| Holly Gordon | Tom Talbert |
| Julie Knight | Cheryl Wright |

2018 ASAP Prevention Team

- Sasha Armitage
- Heather Carson
- Jessica Curd
- Rachel David
- Stephen Dishinger
- Stacy Findley
- Jacquie Franz
- Jessica Gorham
- Mandy Grella
- Nancy Lewis
- Shannon Malone
- Julie Miller
- Beth Morris, Staff
- Ray Morris
- Matthew Neville
- Kathy Oren
- Larry Perkinson
- Jim Roberts
- Brian Russ
- Marla Satterfield
- Lisa Shafran
- Rich Stenner
- Lety Vazquez
- Andrea Vogel
- Nicki Vreeland
- Ben Wagner
- Sarah Warfield

2018 Healthy Communities Breastfeeding Coalition Volunteers

- | | |
|---------------------------|------------------------|
| Mandy Dornfeld, MD, Chair | Megan Miller |
| Tracey Blake | Kara Perkins |
| Sarah Bringman | Lisa Romine |
| Natasha Brockhaus | Annette Rosswurm |
| Morgan Carlton | Kelly Slattery |
| Kathryn Clingenpeel | Kaitlin Schneider |
| Heather Elkins | Veronica Turner |
| Morgan Hartwell | Andrea Valentine |
| Cassie Hawkins | Amanda Virostko, Staff |
| Jane Hurst | Mandy Wyant |
| Sam McIntosh | Leah Wellman |

